

Greenbelt News Review

AN INDEPENDENT NEWSPAPER

Volume 53, Number 7 P.O. Box 68, Greenbelt, Maryland 20770 Thurs., Jan. 11, 1990

James Foy to Head GEAC

by Pat Scully

The Greenbelt East Advisory Committee (GEAC) elected its officers for 1990 at its first meeting of the year, on January 4. Elected by acclamation were: James Foy of Hunting Ridge, chair; Sheldon Goldberg of Windsor Green, vice chair; Katy Calder of Greenbrook Village, secretary; and Charlene McAdams, Greenwood Village, treasurer.

Farewell Address

Bob Zugby, departing chair, spoke about the role GEAC has played and continues to play within the city. As a coalition of homeowners associations, GEAC has provided input to its member boards and been able to focus interest on larger issues that might have gotten lost in the more day-to-day functions of the homeowners boards. The group has come a long way and established a useful identity for itself, he said. "We know who we are, and the city does too." GEAC makes people aware of issues and can take concerted action that lends strength to the individual member groups.

As a community-based group, Zugby continued, GEAC has much in common with groups in other parts of the city. He suggested that GEAC should try to establish more contact with other city groups and help to bring out people concerned with individual issues. Although he is moving from Greenbelt East into the central city, Zugby said that his Greenbelt roots are in the East.

Other Business

While some of the member boards had met and discussed the proposed legislative agenda agreed upon at the previous meeting, not all the boards had yet met or voted upon items to be pursued. Further discussion will be needed to prioritize items and to plan a course of action.

Two topics of new business were raised that will be investigated further: the possibility of communities dedicating streets to the city and the possibility of persuading Safeway to extend its program of home-delivery of groceries to Greenbelt. Developments in Laurel had dedicated their streets, it was reported, so that the city assumed responsibility for maintenance and snow plowing. This possibility could be especially attractive in light of pending state legislation which would mandate that homeowners associations maintain large capital reserves for future repairs to the physical plant. Calder promised to investigate the possibility further.

The home delivery question was raised by Goldberg, who wondered what could be done to expand Safeway's current program to Greenbelt. Apparently this is now a pilot project restricted to

a Bethesda and a Northern Virginia store. Such a program would be especially beneficial to the city's elderly population and could be helpful in reducing traffic congestion around Greerway Center. No action was decided on, with direct contact with Safeway or raising the issue with city council left open as possibilities.

Next Meeting

The next meeting will be held on February 1 at 7:30 at Windsor Green.

Taxpayers Get Tips On 1989 Changes

Federal income tax packages started arriving in mailboxes on December 26. The IRS District Director urges taxpayers to allow up to two weeks to receive their booklets. If not received by then, or if a different form is needed, the number to call is 1-800-424-3676.

Although the 1989 forms closely resemble those used last year, there are a number of changes to note. Among these are:

—Social Security Numbers are now required for dependents age two or older.

—Taxpayers who claim the Child and Dependent Care Credit or who receive excludible benefits from an Employer-Provided Dependent Assistance Program must list the taxpayers identification number, name and address of the care provider on their tax return. New Form W-10 may be used to get this information from day-care providers.

According to the District Director, lines were included on this year's forms to report the supplemental Medicare premium. Because that law has been repealed, taxpayers should ignore line 54 on Form 1040 and line 23 on Form 1040A.

State Tax Offices to Be Open on King's Birthday

State tax offices will be open on Martin Luther King's Birthday, Monday, January 15, from 8:30 a.m. to 5 p.m. State Comptroller Louis L. Goldstein has announced that state tax offices will also be open on other state holidays, certain weekends and some evenings through April 16. Tax office hours are listed in the state tax packet.

Tax office personnel will complete state residents forms for free. To obtain this assistance, taxpayers should bring their completed federal return and all W-2 statements to the tax office. There is a tax office located in Suite 450, Metro-Plex-1, 8401 Corporate Drive, Landover. The phone number is 459-2710.

City Police Department Moves to New Location

The Greenbelt Police Department began moving yesterday, out of its old quarters in the Municipal Building and expects to be completely out by late Friday. The department should be open to the public at the new location, 555 Crescent Road, by Friday or Saturday. All telephone numbers will remain the same.

What Goes On

Mon., Jan. 15 Holiday - City Offices closed

Tues., Jan. 16, 8 p.m. Council Worksession - Interviews of Advisory board candidates, Municipal Bldg.

Wed., Jan. 17, 8 p.m. PRAB Meeting, Youth Center; APB Meeting, Employees Lounge, Municipal Bldg.

Thur., Jan. 18, 7:30 p.m. Crime Prevention Comm. Meeting, Employees' Lounge, Municipal Bldg.

GHI Revamps Retirement Plan, Moves on Referendum

by Mary Moien

A new proposed retirement plan for GHI employees and a membership referendum were major topics at the December 7 meeting of the Board of Directors of Greenbelt Homes Inc.

A retirement plan for GHI employees was established a number of years ago. Because of changes in Federal regulations for such plans and limited participation by employees, a new retirement plan is being proposed. It is a 401(K) profit sharing and thrift plan. Information was provided on how the 45 full-time employees would be vested into the new program.

Nat Shinderman, GHI member and member of the Finance Committee, expressed concern that the employees covered by the current plan might lose out under the new plan. Ron Colton, General Manager, indicated that this issue was being investigated. President Wayne Williams asked management to look into the possibility of rolling over funds from the old plan into the new plan.

The motion to establish a new retirement fund passed, with employees meetings to be set up in the near future. The need for a plan administrator was also discussed. After reviewing proposals from several firms, the board decided that Sovran Bank, with lower fees, would administer the plan.

The rehabilitation of the GDC apartments on Parkway Road had been approved at meetings early in the Fall. Recently the suggestion had been made that GHI lend the money to GDC, a wholly-owned subsidiary of GHI, for these improvements. GHI would offer a favorable interest rate

City Once Again Confronts Lakewood Drainage Problem

by Virginia Beauchamp

A long-standing issue—a severe drainage problem in the Lakewood subdivision, through which water cascades in rainy weather—came before the Greenbelt City Council again at their regular meeting on January 8. The issue had first been introduced in September 1987, at which time County Executive Parris Glendening had agreed to provide funds for corrective storm drainage work. (By state law, storm drainage control is mandated to be a county function.)

Not until a year and a half later, however, in April 1989, did the county report the results of its engineering planning study. At that time, county officials also advised the city and Lakewood citizens that the county could not undertake construction until 1991. In the meantime, as Carolyn Horvath said at the council meeting, all her neighbors are suffering with wet basements. Horvath, who is vice president of the Lakewood Citizens Association, spoke on behalf of the association membership.

Should City Do Work?

City Manager James K. Giese commented that at the time of the county's report, the county suggested that the city might undertake the construction work, to be later reimbursed by the county. Unfortunately, Lakewood residents did not believe the county's study dealt adequately with the drainage problem. The city then engaged consultants to meet with the county's Water Protection Management staff and to define an expanded scope of work.

"Subsequently," according to

Giese's report, "the city obtained a proposal for engineering services," revised it at the county's request and then submitted the county a request for funding. The county's reply, in a letter dated October 17, 1989, was to deny the request for reimbursement of engineering services as "too costly," at the same time noting that additional services would be required which would increase the costs still more.

\$100,000 Inadequate

At that time, Giese said, he indicated that if the county would not reimburse all expenses incurred by the city, he would recommend to council that the county take over the project. Subsequently, according to a letter dated December 18 from Eugene T. Lauer, Director of Environmental Resources, the county agreed to fund the project at not more than \$100,000, of which \$10,000 could be used for engineering work. This figure, according to Giese, is "inadequate." The city staff believes that if the city is to participate in the program, "it will incur substantial expenses" that the county will not reimburse.

When asked how much the city staff estimates a well-engineered project would cost, Giese set the figure at "half a million dollars," if the problem of the whole neighborhood is to be dealt with.

Speaking personally, however, Giese said that he felt that such a major excavation would "create more problems than the residents realize." His own view, he said, is that a landscaping solution with drainage tiles and backyard swales might in the long run create a more satisfactory solution.

Sympathizing with Horvath's expression of frustration with having to wait so long with no solution yet in sight, Mayor Gil Weidenfeld commented: "The city has been polite too long. It is best to get the job done properly."

On a motion passed by council, "a strong letter" will be sent to Glendening and the county council enjoining them to "honor the commitment" which had been made in September 1987.

GREENBELT BLOOD DRIVE

by R. Hal Silvers

On Wednesday, January 11, between the hours of 4 and 8 p.m. the American Red Cross and the Greenbelt Lions will set up a station at St. Hugh's Grenoble Hall to receive donations of blood to replenish an almost depleted stockpile needed desperately for victims of emergencies and disasters.

Charles Mills, chairman of the Lions Health and Welfare Committee, pointed out that the blood drive held last December received a strong response from the citizens of Greenbelt. For this reason the Red Cross is again appealing for help from Greenbelt citizens to give so that others may live.

News Review

Office Hours

Monday 2-4 p.m. copy, ads
8-10 p.m. copy, ads
Tuesday 8-10 p.m. copy, ads

15 Parkway
474-4131

Greenbelt News Review

AN INDEPENDENT NEWSPAPER
 ALFRED M. SKOLNIK, PRESIDENT, 1959-1977
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BUSINESS MANAGER: Mary Halford; **Core of Greenbelt Circulation:** Sean Tobin 854-3778; **Springhill Lake Circulation:** Fountain Lodge, 474-4555; **News Review:** 474-4131. **Staff Photographer:** J. Henson.
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MAIL SUBSCRIPTIONS: \$26 per year. Advertising and news articles may be mailed (Box 68, Greenbelt); deposited in our box at the Greenbelt Co-op grocery store before 7 p.m. Tuesday or delivered to the editorial office in the basement of 15 Parkway (474-4131). The office is open Monday from 2-4 and 8-10 pm for display advertising; deadline is 10 pm. News articles and classified ads are accepted Monday from 2-4 and 8-10 pm and Tuesday from 8-10 pm.

Volume 53, Number 7 Thursday, January 11, 1990

Letters

"An Appealing Facade" To the Editor:

In recent months I was delighted to see the new paint job of the Co-op supermarket. The gray and white walls with green trim provide an appealing facade to downtown Greenbelt.

But I am disturbed by the report on the Co-op directors' meeting that appeared in the December 21 News Review.

I do hope that the Co-op Board will not support the "community mural" proposed to them, and that the building exterior will be maintained on a regular schedule.

I consider the recent painting of the Co-op to be a significant aesthetic improvement to our beautiful community.

O. C. St. Cyr

Letters to the Editor

The News Review welcomes letters to the editor. They must be received before 9 p.m. Tuesday, be signed in handwriting (with the name also printed or typed) and bear the writer's address and phone number. Names will be withheld upon the request of the writer. If possible, letters should be typed double-spaced on one side of the paper. All letters are subject to editing for reasons of space, label, taste and clarity.

Hearing on American Indian Education

A public hearing on the American Indian Education Program of Prince Georges County Public Schools will be held on Wednesday, January 24 at 7 p.m. at the Oxon Hill Staff Development Center, 7711 Livingston Road, Oxon Hill.

The public hearing will provide Native American parents, students, teachers and the Indian community with an opportunity to express concerns and offer suggestions and recommendations to help improve the educational opportunities of Native Indian students for FY 1990/91.

Currently the federally funded program provides summer jobs for youth, grants to attend local business/technical schools, career/academic counseling, and cross-cultural seminars for American Indian students. The program is designed to serve students in grades K-12. Approximately 400 students representing 27 different tribal affiliations attend county schools.

For additional information, contact Betty Proctor or Hazel Auth at the American Indian Education Office at (301) 567-0801.

Parcel 1 Is Subject Of Meeting Jan. 16

The Committee to Save the Green Belt will meet Tuesday, January 16 at 7:30 p.m. at 10-M Plateau Place. The topic will be the latest news regarding Parcel 1. For information, call 474-4863.

BCTV Offers Public Service Video Taping

Bowie Community Television (BCTV) will offer a new community service, called Child-Watch. On Saturday, January 22, 10 a.m. to 4 p.m., BCTV volunteer camera crews will be videotaping local children, free of charge. Many parents have requested an opportunity to have their children videotaped, noting the contribution of Melissa Brannen's videotape in the search for her recovery.

Parents should bring a VHS, Beta or 8-mm videotape, along with their children. Multipurpose Room of Bowie City Hall, 2614 Kenhill Drive, Bowie. Parents will be solely responsible for the safekeeping of these ChildWatch videos, as BCTV will keep no copies.

The Prince Georges County Police Department will also be on hand to fingerprint children whose parents so desire. BCTV will schedule subsequent Child-Watch sessions to meet the public's demand for this service.

GHI NOTES

GHI offices will be closed on Martin Luther King's birthday, Monday, January 15. For emergency maintenance that day, call 474-6011.

Homemaker Club to Meet

The Greenbelt Homemakers Club will meet January 17 at 8 p.m. at the home of Sue Soule. The program will be a slide presentation by Nancy Falk on her trip to Alaska. Visitors are welcome. For information, call Sylvia Kyle, 474-2705.

Volksmarchers Hold Night Hike Jan. 13

The Great Greenbelt Volksmarchers will hold a 10 kilometer (6.2 mile) guided night walk on Saturday, January 13. The walk both starts and finishes at the Youth Center. Registration opens at 4:30 p.m. and closes at 5 p.m. when the walk begins. Participants are asked to bring flashlights with fresh batteries. The walk is free. IVV Credit is \$1.50.

The Great Greenbelt Volksmarchers meet at 7:30 on the first Thursday of every month downstairs in the Greenbelt library. Affiliated with the Maryland Volkssport Association and the American Volkssport Association, the Greenbelt Volkssport Club is committed to assisting individuals and families in becoming participants in a unique, fun-filled way of exercising. Walks are the most popular event. Other, less frequent events are bicycling, swimming, and cross country skiing. Events are noncompetitive. The IVV (International Volkssportverband) offers an optional achievement awards program for those interested.

For information contact: Paul Sabol, president, 345-2830 or Lee Struglia, vice president, 345-2203.



CITY OF GREENBELT MARYLAND

Invitation to Bid

The City of Greenbelt is accepting sealed bids for the purchase of one (1) Skid Mounted Hydraulic Sprayer. Bid information may be obtained from the Purchasing Office, 25 Crescent Road, Greenbelt, Maryland 20770 (301-474-8052). Bids must be received no later than 2:00 P.M. Thursday, February 1, 1990.



Municipal Channel B-10 with The Greenbelt Library

presents: A new bi-weekly series: "STORYTIME"

Stories and Musical Games For Young Children

Tuesday, Wednesday & Friday January 16, 17, 18 10AM & 2PM

Wednesday, January 16 7PM

This week's stories are about food.

TAX PREPARATION HELP AVAILABLE FOR SENIORS

Federal and State income tax returns will be prepared without charge for Prince Georges County residents over 55 years old. This service is performed at the Greenbelt library every Tuesday and Thursday during the tax season. County residents who can not leave their homes can have the service performed in their homes by the same tax counselors.

This service is available by appointment only in order to keep waiting to a minimum. Call 699-2687 after January 15 for an appointment.

CITY OF GREENBELT



Tentative Agenda Advisory Planning Board Meeting

WEDNESDAY,

JANUARY 17, 1990

8:00 P.M.

Employees Lounge Municipal Building

1. CALL TO ORDER
2. APPROVAL OF AGENDA
3. APPROVAL OF MINUTES

NOTE: This is a tentative agenda—subject to change.

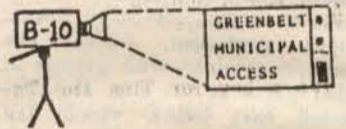


CITY OF GREENBELT, MARYLAND

The City of Greenbelt is assembling data in preparation of the city budget. This year, for the first time, the city will be preparing a two-year budget document which will reflect a full councilmatic term of office.

To make the budget an effective instrument of planning and fiscal responsibility, citizen involvement is an essential element of the budget process.

Written suggestions should be submitted no later than January 23, to Mr. C. R. Prybyl, Director of Administrative Services, whose office is located in the Municipal Building.



MUNICIPAL CHANNEL B-10 PRESENTS:

"OPEN DOOR MEETING"

with Senator Leo Green And State Representatives: Charles J. "Buzz" Ryan Joan B. Pitkin Mary A. Conroy

THURSDAY, JANUARY 18 at 2PM and 7PM

Featuring the concerns of the citizens of the 23rd District.

15	16	17	18	19	20
<i>Career Opportunity Week</i>					

Change your life in a week.

Work independently. Earn what you're worth. During CENTURY 21® Career Opportunity Week, you can discover how far you can go in real estate sales. Independence, recognition and prosperity are just a few of the benefits which could be in store for you. If you've ever thought it was time for a career change, this could be your week. Call today for details.



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Our Neighbors

by Dorrie Bates

Hope those unexpected flakes didn't bother our newest future citizens, Suzanne Rose Tarlow joined our ranks on December 21, arriving at Holy Cross Hospital weighing 8 lbs. 5 ozs. Big brother Kevin, 2½, probably helped parents Paul and Karen explain all about that white, fluffy stuff. The Tarlow family lives on Westway.

Wendy and Bernard Bethke are pleased to announce the arrival of their daughter, Madeline Louise Bethke. Madeline was born at Holy Cross Hospital on December 14. She weighed 6 lbs. 14 ozs. and joins a brother Daniel, 18 months, at home in the 65 Court Ridge.

Kiefer James Zickafoose made his debut at Holy Cross on December 19, weighing in at 9 lbs. 2½ ozs. Kiefer is the son of Andrea Ransom and James Zickafoose of Mandan Road.

Dr. Edward Madison III and his wife Jennifer are celebrating the birth of their second daughter, Janice Edrienne Madison. Janice was born at Holy Cross on December 22. She weighed 6 lbs. 8½ ozs. and joins her sister Anita, 18 months, at home on Mandan Road.

Brandon Mackey Peters was born at Holy Cross on December 9, weighing 10 lbs. 9½ ozs. He is the son of Melissa Mackey and William Peters of 16 Court Ridge Road.

It's a boy for Tina and Tom Hibbs. Tyler Ray arrived on January 3, weighing 7 lbs. 13 ozs., joining his 18-months-old sister, Jessi Mari. Lea and Jerry Kolac of Lanham and Shirley and Ray Hibbs of Greenbelt are the proud grandparents.

And last, but not least, Hye Jung and Sung Sam Kim welcomed home their first child, Daniel. Daniel was born Christmas Eve at Holy Cross and weighed 7 lbs. The Kims live on Lakecrest Drive. Welcome all!

Congratulations are in order for Craig Robert Dies who received a B.S. degree in Business Administration - Marketing from Penn State University on January 6. Parents are Joan Dies of Northway and Bob and Kathie Dies of Lakeside. Family and friends travelled to Penn State for the ceremonies. After a bit of a well-deserved break, Craig will assume a sales position with Westvaco, a New York-based company.

And congratulations also to Kendra Leight Brown of Maplewood Ct., who received her Bachelor of Science degree from Frostburg State University on December 16.

Former Greenbelter Stephen Scheifle has something to celebrate—a contract with the Philadelphia Flyers. Stephen attended Eleanor Roosevelt High School before moving to Canada. All your old Greenbelt friends wish you well—go get 'em!

Pvt. Glenn T. Morton has completed basic training at Fort Sill, Okla. He is the son of Iris L. Morton of Mandan Road.

We welcome a newcomer to Greenbelt, Phil Brandin, who recently moved to 14 Hillside. Phil has many friends here, who know him as a singer with the Seasoned Players.

Sorry to hear Rick Barber is in Doctor's Hospital. Hope all is well soon.

Pvt. Ronald G. Fleming has

completed basic training at Fort Jackson, S.C. Fleming is the son of Gladys S. Fleming of 2 Laurel Hill Road.

And finally, we're glad to report that News Review staffer Leta Mach is home, doing well as she recovers from surgery. Our best to you, Leta.

Library Friends Meet January 17

There will be a meeting of Friends of the Greenbelt Library on Wednesday, January 17, 7:30 p.m. at Greenbelt Library. Anyone interested in the goals of the Friends—raising funds for the library and promoting its services—is welcome to attend. For information call Barbara Simon, 474-2192.



Real Estate And You

Tony McConkey, Principal Broker
RE/MAX Suburban Properties

CURB APPEAL

When prospective buyers pull up in front of your home, their first impression will be crucial. If a home has peeling paint or a shaggy yard the buyers may resist going inside. If they do go in, their negative first impressions could color their feelings about the rest of the home, even when the interior *does* meet their criteria. This is why "Curb Appeal" is so important!

Before marketing your home, check the exterior paint and trim. If it does need painting, get it done as soon as possible, and complete any exterior carpentry work that may be needed. In the spring and summer keep your lawn mowed and trim the shrubbery. A few flowers at that time of year can also help dress up your front yard. Take into account any special needs your yard may have in the fall or winter to keep it in top "curb appeal" shape. A cared-for exterior will help your home give the impression that it has been well served before buyers even set one foot inside the front door.

For solid advice on buying or selling real estate consult me at RE/MAX Suburban Properties. Please call 441-1111, or stop by my office in The Maryland Trade Center Three, 7501 Greenway Center Drive, Suite 140 (behind the Greenway Shopping Center) in Greenbelt.

Attention Prospective Home Buyers

Greenbelt Homes, Inc. (GHI), one of the largest and most established housing cooperatives in the country, is offering brief and informative presentations designed to introduce GHI to you. The presentation will explain what a cooperative is, how GHI operates, what services are provided to GHI members under the monthly charges, and the financing sources which are available. This information will be useful to you whether or not you purchase a GHI home. This is an ideal opportunity for persons who are considering homeownership to learn about GHI and to ask questions in a relaxed atmosphere. Let us introduce you to the cooperative lifestyle BEFORE you look for a home. The next presentations will be held on:

- Tuesday, January 16, 1990 7:15 p.m.
- Saturday, January 27, 1990 11:00 a.m.
- Tuesday, February 6, 1990 7:15 p.m.

Please call Louise at 474-4161 for reservations and information. The sessions are free, and there is no obligation.

GREENBELT HOMES, INC.

Hamilton Place
Greenbelt, Maryland 20770



The Greenbelt Arts Center
presents the

ROSEBUD MUSICAL THEATER COMPANY

in an all-new musical revue

"HI HO, COME TO THE FAIR"



with some of the
most famous songs
of all time



GREENBELT
CENTER SCHOOL

Saturday, January 20, 1990, 8:00 p.m.

This is the full-length, full-scale Rosebud show

with 30 singers, dancers and musicians

Tickets: \$7.00/\$5.00 for seniors and students

Info/Res: 441-8770

Parent Effectiveness

Training to Begin

A Parent Effectiveness Training (P.E.T.) course, running for seven weeks, will begin January 19 (from 7-9 p.m.) at Holy Cross Lutheran Church. The course can help people listen so children will talk, talk so that children will listen, and resolve conflicts so that everyone wins. P.E.T. skills are neither permissive nor autocratic, but rather democratic and fair.

Joan von Endt, the instructor, has a master's degree in social work from Howard University, teaches various classes in effectiveness training, and has a private psychotherapy practice. Her teaching methods include short lectures, demonstrations, role playing, small group discussions, and workbook exercises. Each participant receives a workbook and textbook. There is a fee.

For Brochure on the course or more information call 345-5111. The church is located at 6905 Greenbelt Road.

Bob Brown's Puppets At Fountain Lodge

Discover adventure, drama, fantasy and fun with Bob Brown Puppets on Wednesday, January 17, from 7-8 p.m. at the Springhill Lake Fountain Lodge.

Bold, colorful puppets in cartoon-like style will enhance an atmosphere of fantasy and enchantment. "We carefully selected Bob Brown Puppets, which has a very fine reputation throughout the area," said Linda C. Schwarten, Director of Community Relations.

Springhill Lake residents are encouraged to register in advance of this event as ticket sales are limited. Please call 474-4555. There is a small fee for children and adults who wish to attend.

Crisis Counselors Needed

Prince Georges County Hotline and Suicide Prevention Center is looking for volunteers to become crisis counselors. People who have a few hours to spare each week, are caring, non-judgmental and would like a chance to help others, should contact the hotline as soon as possible. Shifts can be arranged to suit individual schedules.

Counselors must be at least 18 years of age, have reliable transportation, and attend a 48-hour free training program. Practicums and internships are available for students. Senior citizen volunteers are welcome.

If interested, call 731-4922 for an application. Training begins this month.

Play About Mental Illness At Holy Cross Sunday

"M.I., the Double Scarlet Letter" will be performed January 14 at 10 a.m. at Holy Cross Lutheran Church, 6905 Greenbelt Road. The play is about Andie, a person recovering from mental illness who returns home from the hospital, but home has changed. The one-act play allows the audience to catch riveting glimpses of homelessness, hospital life, what it feels like to be mentally ill, and how frightening and isolating mental illness is, not only for the patient and the family, but for everyone. The play, M.I., authored by Dr. Robert S. Maseroni, is derived from his interviews with over 60 ex-patients, professionals and family members. With each line comes the truth, the humor, the sadness, and the realities of recovery. M. I. is produced by the Center for Community Development and Mental Health Association of Prince Georges County.

A panel discussion will follow the 30 minute play. Admission is free, donations to defray expenses will be accepted.

Dance Fitness Class Is Being Offered

Maryland-National Capital Park and Planning Commission, in cosponsorship with Bio Aerobics Inc., is offering dance fitness classes. These classes begin January 16. Bio Aerobics is a complete fitness program designed to give cardiovascular workout as well as tone and strengthen muscle groups. Bio Aerobics is also incorporating plyometrics for fast body contouring and shaping. Classes are held at the following locations:

Greenbelt Middle School, Mon and Wed, at 7:30 p.m. and Tues and Thurs. at 6 p.m. and 7:15 p.m.; and Berwyn Heights Community Center, Mon. and Wed. 9:30 a.m.

For more information or to register, please call 262-5175. There is a fee.

Program Set to Honor Dr. Martin Luther King

A visual and performing arts celebration in honor of the birthday of Dr. Martin Luther King, Jr. will be held on January 14.

Sponsored by the County Council and the Prince Georges County Dr. Martin Luther King, Jr. Commemorative Committee, the observance will be held from 2:30 to 5 p.m. in Queen Anne Auditorium on the campus of Prince Georges Community College in Largo.

A rain date is set for January 28.

Gifts of canned food or new clothing is suggested in lieu of an admission charge.

Cook-Beauchamp

Mr. and Mrs. Aaron T. Cook of New Smyrna Beach, Florida, announce the marriage of their daughter, Deborah Thea, to George Ward Beauchamp on December 20, 1989.

The groom is the son of Virginia W. Beauchamp of Greenbelt and George F. Beauchamp, Jr., of Kissimmee, Florida. The couple will reside in Port Orange, Florida. Mr. Beauchamp, a musician, performs as a keyboardist with bands in and around central Florida.

At the Library

On Wednesday, January 17, the adult book discussion will focus on Peter Collier and David Horowitz's "Destructive Generation: Second Thoughts about the 60's," at 10:15 a.m.

Thursday, January 18, Day-In Storytime at 10:30 a.m. will feature stories, filmstrips and musical activities for ages 3-5.

Crescent Square Old Greenbelt one bedroom apartments From \$425 Cohn & Stein Realtors 933-1700

PAINT BRANCH UNITARIAN CHURCH 3215 Powder Mill Road (near Cherry Hill Road) Sun., Jan. 14, 9:30 & 11:15 a.m. "On People Filters and Prejudice" by the Lay Worship Committee Church School 9:30 a.m. Rev. R.W. Kelley 937-3666

HOLIDAY REFUSE SCHEDULE Because of the Martin Luther King, Jr. Holiday, Monday, January 15, 1990, there will be NO refuse collected that day. Monday's route will be collected on Tuesday and Tuesday's route will be collected on Wednesday. NEWSPAPERS WILL NOT BE PICKED UP ON WEDNESDAY. Thursday and Friday will be on regular schedule.

Baha'i Faith "The gift of God to this enlightened age is the knowledge of the oneness of mankind and of the fundamental oneness of religion." -Baha'i Sacred Writings Greenbelt Baha'i Community P.O. Box 245 Greenbelt, MD 20770 345-2918 / 474-4090

MISHKAN TORAH SYNAGOGUE Ridge & Westway Rds. Greenbelt, Md. 474-4223/4224 Conservative/ Reconstructionist Services: Friday 8 p.m. Saturday 9:30 a.m. Rabbi: Saul Grife

ST. JOHN'S CHURCH Episcopal Baltimore Blvd. at Powder Mill Rd., Beltsville 8:30 a.m. Holy Eucharist 10:30 a.m. Holy Eucharist and Sunday School Rev. John G. Balls, Rector 937-4292

Greenbelt Community Church UNITED CHURCH OF CHRIST Hillside & Crescent Roads Phone: 474-6171 mornings 10:15 am Sunday Worship 11:20-11:40 "Coffee Break" 11:40-12:20 Fellowship and Learning for all ages. Nursery care provided. "A church of the open mind, the warm heart, the aspiring soul, and the social vision..."

UNITED METHODIST CHURCH MOWATT MEMORIAL 40 Ridge Road • Greenbelt • 474-9410 Sunday School 9:30 A.M. Morning Worship 11:00 A.M. (Nursery Provided) Daniel Montague, Pastor

Holy Cross Lutheran Church 6905 Greenbelt Road Worship Services Sunday 8:30 and 11:15 a.m. (Infant care provided each service) Sunday School and Bible Classes 9:50 a.m. Pre-School Department 9:50 and 11:15 a.m. For information regarding programs for youth, young adults, singles, and senior citizens, please call the church office. Edward H. Birner, Pastor 345-5111

Catholic Community of Greenbelt MASS Municipal Building Sunday, 10 a.m. Sunday January 14 Mass with the Ibo followed by potluck brunch Monday, January 15 7:30 p.m. lecture series "Letters v Paul: Romans" 108 Ridge Rd. Sunday January 21 Community meeting following liturgy

EVENING PRAYERS LITURGY OF THE HOURS 7 P.M. TUESDAYS ST. HUGH'S CHURCH

GOD BELIEVES IN YOU, YOU CAN TOO. GREENBELT BAPTIST CHURCH Bible Study For All Ages (Sun.) 9:45 A.M. Worship Services (Sun.) 11 A.M. & 7:00 P.M. Midweek Prayer Service (Wed.) 8:00 P.M. For transportation questions, call 474-4212 8:30 A.M. - 12:30 P.M. Crescent & Greenhill Roads

ST. HUGH'S CATHOLIC CHURCH MASS SCHEDULE: Sunday 8, 9:30, 11 a.m., 12:30 p.m. Saturday 6 p.m. Daily Mass: 7:30 a.m. Monday - Friday, 9 a.m. Monday - Saturday Sacrament of Reconciliation: Saturday 4-5 p.m. Rev. John P. Stack, Pastor Rev. Charles McCann, Associate Pastor

Rosebud Musical Theater Presented by Arts Center

Some of the most famous songs in music history will be performed Saturday night, January 20, at Center School. The 30 singers, dancers, and musicians of the Rosebud Musical Theater Company will present "Hi, Ho, Come to the Fairs, 1889-1939". This is the second of five concerts in the 1989-1990 Greenbelt Arts Center music series. This all-new Rosebud show will feature songs associated with several World's Fairs, starting with the 1889 Exposition of 1889 to the New York World's Fair in 1939. Many timeless tunes came from that time period, such as the "St. Louis Blues", "Dancing in the Dark", "The Good Ship Lollipop", "Oh, You Beautiful Doll", and "Hot Time in the Old Town Tonight". Composers include Scott Joplin, Victor Herbert, George M. Cohan, and John Philip Sousa.

Founder and Director, Tom Pacl, started the Rosebud troupe several years ago as a ragtime ensemble. Supported by critical acclaim and responsive audiences, Rosebud developed into a large-scale musical theater company. Rosebud shows are original productions. Members do careful research into the history behind each show; write their own script; wear costumes reflecting the time period; and choreograph their own dance numbers.

The program starts at 8. Tickets can be ordered by mail—Greenbelt Arts Center, P.O. Box 293, Greenbelt, Md. 20768, reserved by telephone 441-8770, or purchased at the door. A snow date of January 27 has been set. For further information call 441-8770.

Golden Age Club

by Mary Gardner

Club members, along with many other Greenbelt Seniors, enjoyed a delicious Christmas dinner, lovely door prizes, and delightful music as guests of American Legion Post No. 136. We send our thanks and sincere appreciation to the Legion members, and the Ladies Auxiliary for their hospitality and work in making this possible for us.

On December 20 the Club had its Christmas Party at the Youth Center. The room looked very festive, thanks to the work of committee members Nick and Vita Pergola, Dot Reamy, D. Benjamin and Ellie Rimar. We had a visit from Santa Claus, and heard a very interesting poem about Santa by our resident poet, "Uncle Joe" Rimar. Refreshments were delicious. It appeared a very good time was had by all. Thanks to the committee members, and all other volunteers assisting them.

NASA Events

Events at Goddard Space Flight Center open to the public this weekend are:

Saturday, January 13, 1 p.m., Video Presentation: "The Cosmic Background Explorer".

The Cosmic Background Explorer (COBE) spacecraft was built at Goddard and launched November 18, 1989. Learn about this fascinating satellite that will study the beginning of the Universe.

Saturday evening, January 13, 7-9 p.m. December Star Watch. After the holiday hustle-bustle, come to the Goddard Space Flight Center for a quiet evening studying the stars! People can gaze the heavens through one of the Goddard Visitor Center's telescopes or bring their own equipment.

Recreation Review

Late Registration

There are still openings in some of the winter programs. All classes begin week of January 22. Call Dept. Business Office, 474-6878, Monday thru Friday, 9-4:30 p.m., for registration information.

Facility Entrance Pass

All participants, 16 years of age and over, entering the Recreation Centers must have a Recreation Department photo I.D. card. These cards may be purchased for a nominal fee at either center. Proof of current residency must be provided at the time of purchase. Remember, only residents of Greenbelt may purchase a pass.

Renewal of Weight Lifting Cards

Reminder: Weight Lifting Club Memberships expired December 31. Anyone wishing to use facilities must purchase a new card.

Volleyball—Competitive

Co-Recreational Competitive Volleyball is played at the Center School gym on Monday evenings from 6:30-10:30 p.m. Games are cancelled only in the event of school closings due to holidays or snow. Everyone 16 years and over is welcome.

Roller Skating

The skating program at the Center School gym will resume January 17. Grades K-3 skate Wednesdays from 3-4:30 p.m. while Fridays are for grades 4-6 (also 3-4:30). Rental skates

CITY NOTES

The Parks Crew performed ballfield and playground maintenance and continued to replace picnic shelters at the Lake Park.

The Horticulturist Crew constructed wildlife houses, limbed up trees, and prepped the flower bed at Lakeside.

Reminder: Christmas trees are to be placed at designated areas only.

are available.

Gray Panthers Host Talk By Delegate Joan Pitkin

The Gray Panthers will host an open meeting featuring State Delegate Joan Pitkin on Saturday, January 20 at 1:30 p.m. in the Greenbelt Library.

Pitkin will briefly address "Issues in the 1990 Maryland State Legislature" There will be time for audience questions. Everyone is invited. Refreshments will be served. For information call 474-6890 or 474-7841.

Andrew G. Aronfy, M.D.
Vijaya Kumar, M.D.

220-1200

EPHEBIATRICS

(Adolescent Medicine)

The field of adolescent medicine is a new one. Up until a generation ago there was no need for it. Most people were attended by general practitioners who took care of people from cradle to grave, and even in the early years of specialization, teenagers were largely healthy and without major problems, so they were ignored. Not so today. Teenagers in our society have adult problems: sexual activity and all its complications, pregnancy, emotional difficulties and suicide. (One disorder that has always been a teenage problem, and will always remain so, is acne.) Society's attitude towards adolescents has also changed dramatically: many adolescents look for identity — they are no longer children, but they are not yet adults. Often they are treated with disdain and feel alienated from other age groups.

Pediatricians have long decided that adolescence belongs to their specialty. After all, pediatrics deals with a Fourth Dimension: TIME — that is, change and development; and adolescents are still changing and developing. This was recognized officially by the American Academy of Pediatrics when they gave the organization a new subtitle to include Infants, Children, Adolescents, and Young Adults. Pediatricians are now trained in dealing with the special problems of teenagers, and are taught to perform every type of examination on young men and women (including "pelves" on women).

One of the things I have discovered about teenagers is that they tend to be rather shy in front of members of the opposite sex — even parents and doctors. That is why we tend to steer adolescent men towards Dr. Aronfy, and adolescent women towards Dr. Kumar. This, of course, is not an iron-clad rule, and the choice belongs to the patient.

Managing adolescent patients is no easy matter. Instead of a doctor-patient relationship, we are dealing with a doctor-patient-parent relationship. Sometimes even the school is involved. Doctors need patience, understanding, and special knowledge. More than an ability to talk and to "cure," doctors need to take the time to listen. We must overcome a youngster's natural distrust, since we are identified with the "establishment." On the other hand, we cannot completely side with the patient, because he/she requires our guidance and advice, especially when he/she goes astray and indulges in anti-social or self-destructive behavior. We set the following ground rules: confidences will be strictly kept except under two circumstances: 1) evidence of criminal or violent behavior, or threats of such; 2) evidence of self-destructive behavior (suicide) being planned. Then "all bets are off," and parents and/or authorities will be informed.

We recommend yearly checkups for adolescents — no less than for younger patients. We prefer to talk to the parent(s) at the beginning of the visit, in case they have problems concerning the youngster. Then we like to examine the patient without the parents, and discuss with them any and all concerns they might have. Then we like to talk to both of them about matters of mutual concern, and explain our findings and recommendations. Around age 12 we recommend a repeat measles-mumps-rubella vaccine, and around age 15 we like to give our patients a diphtheria-tetanus booster. Checkups for young ladies should include a pelvic examination under the following circumstances: 1) women whose problems might involve the female organs; 2) all sexually active women; 3) all women who wish to practice birth control; 4) all women whose mothers took any form of estrogen during pregnancy; 5) all women over 18 years of age. We try to make these exams as comfortable and embarrassment-free as possible.

We hope you will not neglect your teenagers medically. If you have any questions, please call us.

7525 Greenway Center Drive, Suite 110
Greenbelt, MD 20770



FOR GHI

MEMBERS ONLY

A For Sale By Owner Seminar will be held in the GHI Board Room on January 31, 1990 at 7 p.m. Members who contemplate selling are invited to attend and learn how to do it yourself. Please call Kim at 474-4161 and sign up for the seminar. Limited seating. This seminar is for GHI members only.



LOCATIONS FOR CHRISTMAS TREE DISPOSAL



Christmas trees may be dropped off at the following locations for pick up by the City beginning January 3, 1990.

- Playground opposite 73 Court Ridge Road
- Corner of Research and Hillside Roads
- Playground at Plateau Place and Ridge Road
- Corner of Eastway and Crescent Road
- Entrance to 21 Court Ridge Road (Across from Green Ridge House)
- Area adjacent to Candy Cane City
- Playground at junction of Crescent and Ridge Roads
- Playground at Ivy Lane and Lastner Lane
- Charlestowne Village & Charlestowne North - adjacent to Attick Park service road
- University Square - Front of Swimming Pool
- Lakeside North - Near Swimming Pool
- Springhill Lake Community Building
- Greenbriar:
 - Between Buildings: 7708 and 7710; 7728 and 7730; 7826 and 7828 Hanover Parkway
- Glen Oaks:
 - Between Buildings: 7903 and 7905; 7509 and 7511 Mandan Road
- Hunting Ridge:
 - Between Buildings: 6936 and 6978 Hanover Parkway
- Windsor Green:
 - At Court Entrances (pick up by Windsor Green staff)
- Greenbrook Village and Estates:
 - Southeast corner of Ora Glen Drive and Mathew Drive
 - Southeast corner of Hanover Parkway and Greenbrook Drive
- Greenwood Village:
 - Along Mandan Terrace, Opposite 8175
 - Opposite 7646 Mandan Road
 - Opposite 7648 Mandan Road

Comets Defense Stops Opponents Cold

By Kevin Hackett

As the song says, "We didn't start the fire. It was always burning, since the world's been turning..." But it was a cold burn. The second half of the season saw the icy Comet defense freeze their opponents in the 1976 Boys Soccer Division III.

So, to the lyrics! "Raphael Mingo runs so fast. Jason Everhart can blast, Peter Timer solid sweeper, Jamie Despres tight at stopper. Ryan Hackett always marks 'em, fullbacks they are having fun, but if back the other way, keeper Harbin saves the day.

"They didn't start to tire, they were the Greenbelt Comets, and they were on fire.

"Jason Zeiler quick at half-back, Miguel Pereira corner shot hot, Gregg Repole blocks attack, Halper passes through the slot. Ramirez slams another ball, opposing players start to fall. Blavatt powers to the goal, Daryl's on another roll. Then the ball is down the field, game fate is soon to be sealed, Jackson passes to Edim, listen to the crowd scream!

"Offense caught the fire, they were always burning, for team pride they're earning."

All in all, the Comets finished

their last five games, 1-1-3, with a 2-1 win against Virginia Blackwatch, a 2-4 loss to Columbia Classic, and three 1-1 ties, against the Annandale Red Raiders, the Olney Cobras and the Loudoun Lancers. Standout striker Etim Edim led the scoring with four goals and one assist. Jamie Despres' two clutch goals in the final game against Virginia Blackwatch were also critical, and allowed the Comets to stay in Division III. Miguel Pereira had a goal on a penalty kick and three assists, two on corner kicks. Jay Blavatt had two assists.

With a successful season, and a first place win in the Virginia Beach Tournament, the Comets can confidently look forward to the spring season and a chance to advance to Division II.

Springhill Lake Apartments sponsors the Greenbelt Comets. Other sponsors are Three Brothers Pizza, Capital Office Park and Princeton Electric Co.

Deadlines Near for State Estimated Tax Payments

Maryland taxpayers who make quarterly estimated income tax payments have two options in filing final estimated tax payments for 1989.

Taxpayers may submit a fourth quarter declaration of estimated tax payment by Tuesday, January 16—or they can wait and file a complete 1989 Maryland tax return by Wednesday, January 31. Any balance due must be paid in full when the regular return is filed.

Generally, taxpayers should file quarterly declarations of estimated tax if they earn income which is not subject to withholding if their state and local tax is expected to be more than \$100.

PGCC Offers Courses

Prince Georges Community College will offer over 200 credit courses at its degree and extension centers for the spring semester. Students are encouraged to register early to get needed courses. The semester begins January 22.

For more information, call 322-0783.

SUBSTITUTES NEEDED

to deliver News Review within core of Greenbelt. Routes Available: Charlestowne Village University Square, West Call Sean Tobin 864-3776

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GREENBELT CONNECTION HOLIDAY SCHEDULE

Because of the Martin Luther King, Jr. Holiday on Monday, January 15, 1990, the city's dial-a-ride service, the Greenbelt Connection, will not operate that day. Service will be resumed on Tuesday, January 16, 1990.

Low Cost Loans Available at Your Credit Union

NOW OFFERING VISA Call 474-5900 for terms.

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JOE'S TIPS OF THE WEEK

Hello Again:

We've seen some terrible weather for automobiles in the past month. When the air temperature is freezing, water will freeze no matter how little is present. Water is created when temperatures collide and air is present because there is a certain amount of moisture in the air and it condenses. Water is heavier than oil or gasoline and will go to the lowest point of the collection area. If cold enough it will freeze and block things up or even break components. We don't want this to happen so try to do the following and you shouldn't have any problem:

- 1) Keep your fuel tank full so little air is in the tank.
- 2) Fully warm engine before operating car.
- 3) Keep crankcase ventilation system (PCV) in good condition.
- 4) Use windshield washer antifreeze full strength.
- 5) Use an evaporative type of dry gas additive for additional protection.

'Til next time Think Preventive Maintenance

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RATES

CLASSIFIED: \$2.50 minimum for ten words, 15c each additional word. No charge for listing items that are found. Submit ad with payment to the News Review office by 10 p.m. Tuesday, or to the News Review drop box in the Greenbelt Coop grocery store before 7 p.m. Tuesday, or mail to P.O. Box 68, Greenbelt, Maryland 20770.

BOXED: \$5.20 column inch. Minimum 1 1/2 inches (\$7.80). Deadline 10 p.m. Monday.

Include name, phone no. and address with ad copy. Ads not considered accepted until published.

PIANO TUNING AND REPAIR
Expert and Reliable Piano Service to Greenbelt. Benjamin Berkofsky. 474-6894.

GREENBELT WINDOWS & PAINT INC.—Replacement windows and doors and vinyl siding. Phone 474-9434. MHIC 26097.

CHILD CARE AVAILABLE. Located in Greenbelt. Beautiful Playroom, fully equipped. Experienced Daycare Provider. Call Maria 794-6331.

BURGER KING - GREENBELT is looking for well-mannered, clean, hard-working people of all ages to help us provide firstclass food to our customers in a cheerful environment. Morning, lunch and early afternoon. No previous experience required. Inquire at Burger King - Cipriano Square. 552-1555.

GUITAR LESSONS — Scales, chords, theory, reading. Full time instructor. 937-8370.

GRAPHIC ART SERVICES - Copyfitting, layout, paste up and design 345-3872.

PIANO LESSONS in Greenbelt. Masters degree, Peabody Conservatory. 345-5143.

ELLERS TYPEWRITER REPAIR — Electric, standard and portable. Call 474-0594.

HEAD PHONE, new AM/FM stereo radios. \$12.91. A-1 Pawnbroker. 345-0858.

CALDWELL'S APPLIANCE SERVICE - All makes repaired. Call after 5 p.m. 840-8043.

KENT'S CARPET CARE - Low prices on shampoo, steam, and dual process. Call for free estimates. 474-3529.

WANTED - Full charge Bookkeeper, part/full time for local CPA firm. Call Jim Cantwell 474-1167.

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1978 CHEV. CAMARO for sale. Call 345-8879 after 6 p.m.

FOR SALE — Kit, cabinets, oak; 36" base, 36" wall, 30" sink, corner, \$100. 474-5041.

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Do you need help with your your house cleaning? Let us help. We are a husband and wife team working in your area for over five years with excellent Greenbelt references.

We provide weekly, bi-monthly and a spring type cleaning. Also available is window cleaning and interior painting.

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BUREAU — 41"x21"x35", 2 lg., 2 sm. drawers, and jogging trampoline. Best offer. 220-1255.

WATERBED — Excellent condition. King size. Beautiful headboard and captain's pedestal with 8 drawers, 2 years old. Paid \$1000, must sell; \$300 or best offer. Free delivery. Christine Frater, 552-0463.

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CARPOOL OR VANPOOL needed — Greenbelt to Federal Triangle. 474-7212.

CHILDCARE needed in my house in Greenbelt for 4 mo. old infant Friday/Saturday evenings. References required. Call 982-0469.

CHILDCARE — Looking for a mother to care for 4 mo. old infant M-F in Greenbelt. 2 children or less household preferred. Call 982-3090.

ALL LEVELS of piano instruction in Greenbelt by graduate teacher. 345-7063.

1978 T-BIRD — Good mech. & tires. Needs paint. \$600. 441-1266

OAK FIREWOOD SALE—Aged, cut, ready, black oak, 70 cu. ft., \$60. Call 474-6433.

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HOUSE TO SHARE in Lanham w/responsible M/F. Close to NASA. \$340/mo., all utilities inc. Furnished or unfurnished room. Mark, 306-9225.

RENT — Greenbriar, 2 BR/2 BA, \$875 includes utilities. 345-2065.

1982 PONTIAC BONNEVILLE station wagon, V6. auto, wood tone, 54,000 mi., Md. inspected \$2,500. 942-9013.

FOR SALE — 1 pr. black ice skates, used twice, size 5. Best offer. 937-7915.

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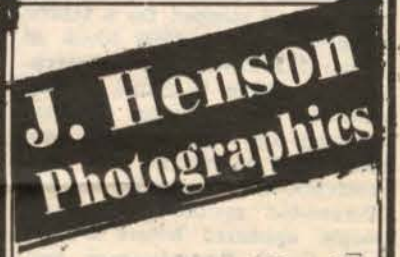
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Police Blotter

Based on Information Released by the Greenbelt Police Department

On December 29, a resident in the 7600 block of Mandan Road reported that someone tried to enter her apartment by prying open the door while she was sleeping. The would-be intruder fled without getting in.

On December 30, two men slashed all four tires and broke out a window of a vehicle parked in the lot at 17 Ridge Road. Both men are described as white, early twenties, with one 6 ft., 170 lbs., brown hair, wearing a jean jacket, white shirt, blue jeans and tennis shoes; and the other 5' 10", 150 lbs., brown hair, wearing a dark jacket, jeans and tennis shoes.

Also on December 30, a non-resident 14-year-old boy reported that another juvenile drove by him and exchanged words with him while he was waiting for a cab in the parking lot of Beltway Plaza. The boy in the vehicle then got out, hit the first boy in the face, knocking him over, and then kicked him in the mouth. This second boy, a 16-year-old nonresident, was arrested and charged with battery by Pfc. Matthew Carr, and then released to his guardian. The victim was taken to PG Doctor's Hospital and got stitches in his face and hand.

On December 31, Pfc. Carl Schinner noticed the odor of marijuana coming from a vehicle that he had stopped for a traffic violation in the 6900 block of Hanover Parkway. Upon searching the vehicle, he found a small quantity of marijuana. He then arrested and charged with possession of marijuana two non-residents, aged 18 and 20, and one 19-year-old resident. All three people appeared before a District Court Commissioner and were released pending trial.

On January 1, a breaking and

entering was reported in the 5900 block of Cherrywood Lane, with assorted jewelry reported stolen. There were no signs of forced entry.

Also on January 1, when Officer Thomas Moreland stopped a vehicle for a traffic violation on Kenilworth Avenue near Old Calvert Road, he found the driver in possession of a .22 caliber handgun. The driver, a nonresident, was arrested and charged with possession of a handgun. After appearing before a District Court Commissioner, he was released pending trial.

Speed Contest

On January 3, Cpt. Danny Allwang observed two vehicles having a speed contest southbound on Kenilworth Avenue, south of the Beltway. With the help of another police unit, he tried to pull them over. Both vehicles tried to get away. One, a blue Chevy pickup, accelerated and turned onto Westchester Park Drive and then came to an abrupt halt. Its driver fled on foot, was apprehended, arrested, and charged with speeding, running a red light, fleeing and eluding a marked police vehicle, fleeing and eluding on foot, and driving while revoked. The 30-year-old nonresident was released on traffic citations pending trial.

The other vehicle involved in the speed contest was pursued to Edmonston Road and Osage Street, where its driver fled. The driver, a white male, 5'10", medium build, wearing a green army jacket, was not apprehended. The vehicle was a black Chevy Blazer that had been stolen from Ft. Washington.

Also on January 3, two residents separately reported indecent exposure by a man described as a black male, age 50, 5'10", medium build, who was wearing a beige derby hat, a yellow/beige waist-length jacket, light pants and dark shoes. One incident oc-

"GREENS" GROUP MEET

Interested in the environment and social justice issues? Come meet with local greens and green-minded people on Tuesday, January 16 at 7:30 p.m. in the GHI library in the GHI offices on Hamilton Place.

Share the green dream? Come discuss these values: ecological wisdom, global responsibility, fu-

curred in the 9100 block of Edmonston Road and the other in the 5800 block of Cherrywood Lane.

Vehicles: Thefts, Recoveries

On December 30, a resident in the 8000 block of Mandan Road noticed three people punch out the passenger's door lock of a 1988 Chevy Nova and get in the car. The people fled on foot towards the Parkway, however, when they realized they were being watched. All three are described as black males with the first 23 to 27 years old, 6 ft., slim build, wearing dark pants, a white sweatshirt, and light colored tennis shoes; the second also 23 to 27 years old and 6', slim build, wearing dark clothing, possibly army fatigues; and the third in his late twenties, wearing a maroon jacket. After an extensive search by officers and K-9, the suspects were not found.

On January 1, a resident reported the theft of her 1980 yellow Toyota Tercel, D.C. tags 353-499, from the 6100 block of Breezewood Drive.

On January 3, the Maryland State Police recovered a 1989 Subaru that had been stolen from the Beltway Plaza parking lot on January 1. The vehicle was found on JFK highway near the Maryland/Delaware state line. Its tags, however, were not recovered. They are Maryland XDT-268.

Disturbance of a vehicle was also reported in the 58 Court of Ridge Road on December 30.

ture focus, non-violence, post patriarchy, respect for diversity, personal social responsibility, grassroots democracy decentralization, and community based economics.

At the January and February green meetings, issues and actions will not be decided, but the time will be used to gather information, decide on a process and structure, and consider the the group's focus. Information

will also be shared about kindred local groups and issues.

For more information call Becky at 474-6265.

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Dr. Frank Pisciotta, Gastroenterologist

Listening To Your Body's Language

If you think the way computers work is complicated, think for a minute about your own body. Everything we do—from taking a step to reading a page to processing food—requires enormous coordination of systems within. When something is going wrong, the body often sends out signals to warn us.

These signals are commonly known as symptoms, and are the body's way of telling us that something needs attention.

Dr. Frank Pisciotta, an area gastroenterologist, states, "Two common signs of a digestive system in trouble are diarrhea and constipation. Others include painful swallowing, heartburn, nausea, cramping, unexplained weight loss, discoloration of tissue or the presence of blood in the stool."

Dr. Pisciotta says that for some 20 million Americans, minor digestive upsets are a daily problem. According to the National Institutes of Health figures, another 20 million are chronically ill with serious gastrointestinal disorders.

He states, "Almost every-



one suffers from occasional bouts of heartburn. Changing eating habits may help dramatically, however, if within a week's time self-care measures don't help, it's time to seek medical advice. The acids caused by heartburn can actually erode the esophagus and cause painful ulcers. Your doctor can likely prescribe something to prevent it."

Common sense, he says,

is the key. Many people wait too long for the symptoms to disappear on their own. By the time they seek medical advice, the problem has advanced to a more complicated stage.

Most digestive diseases are highly treatable in their early stages, includes malignancies. Early tumors can usually be effectively removed with little or no discomfort by a simple in-office

procedure called endoscopy. Dr. Pisciotta has offices that include endoscopy facilities, as well as on-site lab, and X-ray, so there is no undue disruption of the patient's daily routine. Should there be a need, he has hospital privileges at many of the areas finest facilities.

He says, "We often see patients who have suffered for weeks or months before they come in, thinking that the problem would go away. Our staff understands the importance of early treatment, so when someone calls, we accommodate them right away. A thorough evaluation and program of treatment, if needed, begins immediately."

Dr. Pisciotta, who is a graduate of the Universities of Maryland and Texas Medical School, trained at institutes including Hahnemann Medical Center and Hospital in Philadelphia; M.D. Anderson Hospital and Tumor Institute in Houston; St Mary's Hospital at the University of Rochester in New York and Washington Hospital Center in Washington, D.C. He prescribes preventive measures

as ways in which to avoid having trouble.

"Eat slowly," he advises, "and as your mother always told you, chew your food well. Have plenty of high-fiber food in your diet, drink alcohol only in moderation, don't smoke cigarettes, and be aware of any changes in your body's normal patterns. If you have doubts concerning the seriousness of a condition, see a doctor. Ignoring symptoms for long periods of time can wind up being very costly in terms of your health. When your body talks, listen."

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